## "Our people were truly energized, inspired and entertained!"

-ViewSonic Corporation

"GIVE ME 60
MINUTES AND I WILL
HELP IMPROVE YOUR
SUCCESS
BLUEPRINT."

-Dr. Jamie Fettig

Jamie Fettig is well-prepared to

motivate,
educate,
and energize

you and all those who attend. Dr. Fettig is already a highly recognized leader in the Health and Wellness community. Charging into the college and business communities, Jamie will show you and the participants how to affect positive change in all areas of their lives.

## 5 Reasons Event Coordinators Love Booking Dr. Jamie Fettig!

#### 1. Dynamic Speaker

Your audience will Laugh, Learn and Be Inspired!

#### 2. A Life-Changing Message

Jamie mixes enthusiasm and humor with motivational stories to deliver a very high content message that will surely "Empower Your Audience to Achieve Extraordinary Results!"

#### **3. EXPERIENCED SPEAKER** (Makes Your Job Easier)

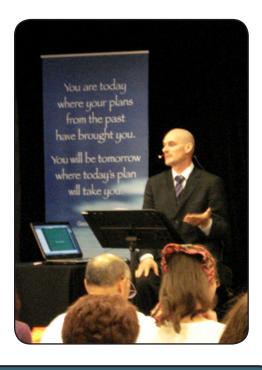
Jamie has delivered more than 100 motivational presentations for events worldwide. Jamie is now a full time speaker and is delivering over 120 motivational presentations every year.

#### 4. Successful Businessman

Jamie began his chiropractic career right out of chiropractic college. While in his twenties, Jamie worked with Dr. Mercola (www.mercola.com). Jamie currently owns two businesses.

#### 5. CELEBRITY AUTHOR

Jamie is the author of 3 books and has read and researched over 1,500 books on Wellness, Health, and personal and professional development.



## Dr. Jamie's 300% Guarantee

I personally 100% GUARANTEE your attendees will thank you as the organizer for bringing me in and they will tell you it was one of the best presentations they have ever seen.

I personally **100% GUARANTEE** to not only provide motivation and inspiration, but also simple, easy, action steps anyone can take to immediately begin making a difference.

I personally **100% GUARANTEE** the presentation will be so good, the first person you think of booking for your next event will be me.

## **CURRENT TOPICS**

#### HAVING THE MOST INCREDIBLE SEX EVER

Get ready to laugh, be inspired, and learn:

- How to have the most incredible sex ever (need I say more?)
- Simple ways to deal with Relationship Issues
- The 3 different ways everyone looks at sex
- Completely PG-13 Rated Content

Dr. Fettig also mixes in messages of safe sex, abstinence, and responsibility into his message in a way the students are open to hearing.

#### **AVOIDING THE FRESHMEN 15**

In this inspiring keynote, Dr. Jamie Fettig's common sense approach to being your ideal weight will shock and amaze you. All while completely agreeing with what he is sharing.

Simple easy action steps anyone can take to easily avoid gaining the freshmen 15. Plus if you have already found the freshmen 15, how to easily eliminate it. All this without having to totally give up anything you don't want to give up.

## EATING YOUR GREEN EGGS AND HAM Handling Change and Diversity

Learn how to deal with the new and ever changing college life while understanding and appreciating the benefits the diversity of student body offers .

#### RUNNING SCARED - HOW TO ELIMINATE FEAR AND TAKE ACTION

Learn how you can not only be courageous and act despite the fear, but you can actually train yourself to eliminate fear all together. With taking action a natural byproduct.

#### Power of Beliefs and

(ex. Better Grades, Leadership, Teamwork, Success, Happiness, Healing, etc.)

#### Changing Your Results by Changing Your Beliefs

In this program, Jamie shares secrets that will help your audience to succeed and advance in various areas of their lives; most importantly, the area of life that relates to each individual. *Dr. Jamie will customize the program to your audience's biggest concerns.* 

#### Wellness - Mother Natures Natural Cure<sup>TM</sup>

#### How Wellness Improves Grades, Productivity and Happiness

"How to Motivate and Inspire Yourself to be Well"

This motivational message will empower your audience to motivate and inspire themselves and others to Be Well.

Jamie presents effective and proven wellness strategies he developed from being chiropractor, author, and student of life. Your audience will see for themselves, with common sense, how simple and yet profound these strategies are. Your audience does not have to believe Jamie or some scientific study that could be skewed. They will know for themselves how true it is. Jamie empowers audiences to remember what Wellness Really Means.

## Dr. Jamie Can Create a Custom Talk for You – Call for Details

# To see a detailed list of all of Dr. Fettig's presentations, go to www.Nitty-Gritty-Guy.com



#### Dr Jamie's Talks are Perfect for:

- Lectures
- Commencements
- Career Day / Job Fair
- Student Conferences
- Summer Programs
- Panhellenic Events
- Greek Sponsored Lectures

- Student Leadership Gatherings
- Student Government Events
- Orientation, Welcome Week, and Back to School Programs
- AFA, NACA, APCA, BPA, DEX Functions
- Academic, Athletic, and Club Events
- Housing and Residence Life Events



Wellness Dimensions

Quantum Change Seminars

I-NLP

Masonic Center - Sydney Australia

New Hope Chiropractic

Inner Light

Dakota Eye Institute

St. Anthony's Hospital

Café of Life Wellness Center

**NCIS** 

ND Workforce Safety

ND public Accountants Association

and many more

#### **SPEAKING FEES:**

Free to \$10,000 – depending on:

- \* How long the presentation/training is
- \* Where the presentation is (ND, CO, and sunny locations are cheaper)
- \* If expenses are paid
- \* If I can offer continuing education products
- \* If block booking is available
- \* If you are willing to promote me
- \* If you charge a door fee to the participants

Ask me how to get *Free Books* for your attendees!

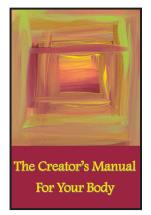
Every situation is different.

Call and we can discuss your specific situation.

<u>The Creator's Manual For Your Body</u> by Dr. Jamie Fettig 50 Ways to Refuel, Recharge, and Reenergize Yourself in Your Life

Everyone needs to be reminded of the importance of the basics in health and wellness. Wellness effects the success of an individual and an organization. Jamie offers simple suggestions, motivational quotes and inspirational stories that will help you to

refuel, recharge, and reenergize so that you can produce greater results and be Well for Life!



## RAVE REVIEWS FROM MEETING PLANNERS AND PARTICIPANTS

## "Jamie is one of the most dynamic and moving speakers!"

-Shared Vision Network

Dear Amy,

We would like to thank you and Dr. Fettig for your informational Stress Management Workshop at National Information Solutions Cooperative. It was so refreshing to hear simple Solutions to life-long health. Our employees found it especially Comforting to learn this is not an "all or nothing" approach.

I also look forward to reading Dr. Fettig's *The Creator's Manual for your Body*. Being an avid reader. I just had to look it up on Amazon.com when I got back to my desk. I was pleased to see it had recived an average review of five stars! This is the highest readership ranking for any book on Amazon.

Thanks again for sharing this wealth of knowledge with us.

Very truly yours,, Jennifer Skjod, Human Resources National Information Solutions Cooperative

"After hearing you speak, I immediately booked you to speak at four other conferences!" -NACM Credit Services, Inc.

"You are the best speaker we've had...We are definitely bringing you back..!" -Bermuda International Business Association

**Get Down to the Nitty-Gritty.** 

**Producing Major Results with Minimal Effort.** 

Making it extremely easy to UNDERSTAND, REMEMBER, and most importantly, APPLY WHAT YOU LEARN.

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email: jamie@ jamiefettig.com

website: www.nitty-gritty-guy.com

DR. JAMIE FETTIG
"THE NITTY-GRITTY GUY"





Dr. Jamie Fettig 5705 W. Atlantic Place #304 Lakewood, CO 80227

## "THE NITTY-GRITTY GUY"

Get Down to the Nitty-Gritty. Producing Major Results with Minimal Effort. Making it extremely easy to **Understand**, **Remember**, and most importantly, **Apply What You Learn**.

#### FREE MEETING PLANNERS TOOLBOX!

- How to Negotiate Fees
- 20 Questions to Ask Every Speaker Before You Hire Them
- How to Avoid Thousands in Hidden Speaker Fees
- Hiring a Speaker on a Limited Budget
- Checklist for the Perfect Program

visit www.Nitty-Gritty-Guy.com for these Free Reports and more!



Nitty-Gritty-Guy.com 800.615.7606 720.279.4585

# Dr. Jamie Fettig

The Ideal Professional Speaker for Your Next Event

Jamie mixes **enthusiasm** and **humor** with **motivational stories** to deliver a high content message that "**Empowers Audiences to Achieve Extraordinary Results!**"

"The BEST speaker we've ever had!"
-National Association of Professional Organizers

"WOW! What a great speaker!"
-Tennessee HMO Assoc.

"Our people were truly energized, inspired and entertained!"
-ViewSonic Corporation

"Fantastic! Don't be surprised if we call on you again!"
-Morgan Stanley Dean Witter

## Success Starts with Attitude!